

Imagine walking in the school cafeteria and all you see to eat is healthy, nothing smells delicious, and nothing looks appetizing. According to source A an article by New York Times, source B an article by Erica Robinson, source C an infographic by Norton Centier, and source E an article by Roberta Alexander and Nina Lincoff, there are many perspectives on the question, "Should junk food be sold in school cafeterias?" mainly because of childhood obesity. I do not agree with banning junk food in school cafeterias because children's education should be teaching students to make the best choices, healthy food is not easy to afford for everyone, and schools should require more physical activity too.

First of all, the education children are getting should be teaching them to pick the right choices. Picking the wrong choice of food could lead children to child obesity but, picking the right choices will lead them to a healthy life. In source A, the main question is, "Should states ban junk food in schools?" and I disagree with the perspective of banning junk food in schools because in the article it says, "Third, an important part of education is learning to make better choices." I agree with this sentence because it is true, I have been personally taught to choose the right choice instead of a harmful choice by my school, at home, and by myself. In source B it also states that schools teach students to choose the right choices," For now, we can rely on education to help teach kids and parents the importance of eating nutritious foods and the dangers of excessive fast food." This means that schools and parents also teach kids the pros of eating healthy foods and the cons of eating junk foods.

Since children are taught to eat the best foods, schools do not need to ban junk food in the cafeterias.

Secondly, I disagree with banning junk food from schools because it is not easy to afford healthy food, so instead of banning food, they can use that money to pay for a better education for the students. In source B it states, "In low-income communities, Fast food is easy to access and affordable, but healthy food is inaccessible and very expensive." Since low-income communities can not access or afford it, if schools ban junk food students will still access out of school and it will be harder for schools to get an education for the children because of all the money being used to ban junk food. In source E it is also being addressed that healthy food it not easy to afford, "Students who live in a wealthier neighborhood have shown more progress than those from low-income areas, according to a study of California Children." The majority of people are not wealthy so there are still many people that are going to eat junk food even if it is banned in schools. Seeing that low-income communities can not afford healthy food banning it from school will not affect healthy eating or child obesity.

Lastly, child obesity will not be stopped in schools even if they ban junk food because schools need more physical activity too. To be healthy and have a healthy life a big role in achieving that is by doing physical activity, In source A it claims, "Fourth, improving what we teach about nutrition and requiring more physical activity are better ways to approach obesity than imposing statewide junk-food bans." If children do not do enough physical activity obesity or being healthy can not be fixed even if schools ban junk food. In source C it also assured, "Our kids spend nearly 8 hours every day watching TV, playing video games, using computers, talking on cell phones, and texting." If children are one electronics 8 hours a day there will not be any time for physical activity, so teachers and parents should motivate them to do more physical activity too. If schools do ban junk food it can help us become healthier. According to

source C, “Since 1979, child obesity rates have increased by 500%,” So if schools ban junk food it can help child obesity, but not very much. If schools ban junk food children will still be the same because we need more physical activity to be healthy.

In conclusion, schools should not ban junk food because the schools should be teaching children to make the best choices for them, healthy food is not easy to access or afford for everyone, and schools should require more physical activity too. As a society, we can become more healthy without schools having to ban it by making the right choices, making healthy food more affordable and accessible, and by doing more physical activity Imagine walking in the school cafeteria and all you see to eat is healthy, nothing smells delicious, and nothing looks appetizing. According to source A an article by New York Times, source B an article by Erica Robinson, source C an infographic by Norton Centier, and source E an article by Roberta Alexander and Nina Lincoff, there are many perspectives on the question, “Should junk food be sold in school cafeterias?” mainly because of childhood obesity. I do not agree with banning junk food in school cafeterias because children's education should be teaching students to make the best choices, healthy food is not easy to afford for everyone, and schools should require more physical activity too.